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FOR IMMEDIATE RELEASE

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**Anitra Dempsey Ends Term as Goodwill SOLAC Board Chair**  
***Ardel Avelino Announced as incoming Board Chair;***  
***Cal State's Regina Cash Newly Added to Board***

Long Beach, CA — March 2022 — Anitra Dempsey, a longtime volunteer of Goodwill, Serving the People of Southern Los Angeles County (SOLAC), has officially completed her term as the organization's board chair. Ardel Avelino has been appointed as Goodwill SOLAC's new board chair. He is Senior Director of Operations at St. Mary Medical Center. Ardel is a seasoned healthcare leader and critical care registered nurse by trade with extensive leadership experience in clinical, quality, safety, compliance, regulatory, and operations. A proud alumnus of the Masters of Science in Healthcare Administration-Accelerated program at CSULB and formerly served as President of the Healthcare Administration Alumni Association and is a member of the American College of Healthcare Executives. In addition, he holds a Bachelor of Science degree in nursing from Holy Names University and an Associates of Science degree in nursing from Long Beach City College.

As a community leader, he holds board membership with the Long Beach City College Foundation. He also sits as an advisory board member for Terminal Islands Prison, Long Beach City College' Allied Health, and the Healthcare Administration.

Also announced at the recent Goodwill SOLAC board meeting was the addition of Regina Cash as the organization's newest board member. Cash, Associate Dean at Cal State of Programs and Innovation at Cal State LA. Cash will serve on Goodwill SOLAC's Workforce Development and Outreach Committees.

Goodwill SOLAC is a nonprofit organization that transforms donated goods into job training, education and placement services for individuals with barriers to employment. Goodwill SOLAC serves 22 cities and communities throughout Southern Los Angeles County. Goodwill SOLAC's main facility — located at 800 W. Pacific Coast Highway in Long Beach — houses its administrative offices, training programs, processing operations, transportation fleet, LiNKS Sign Language & Interpreting Services, a retail store

and its e-commerce operations. To learn more about Goodwill career services or to find your nearest Goodwill store or donation center, visit [www.ThinkGood.org](http://www.ThinkGood.org).